

# Essex Short Breaks

Clubs & activities for children and young people with special educational needs and disabilities

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[www.facebook.com/short.breaks.clubs.activities.essex](http://www.facebook.com/short.breaks.clubs.activities.essex)



**Service Providers**  
**October 2019 - March 2021**  
See key overleaf for full information of all providers.  
For an interactive map, go to our website  
<https://services.actionforchildren.org.uk/essex-short-breaks-clubs-and-activities/>  
and go to 'Our Service'

Provider	AGE	Areas Operating	Contact Details
 Accuro (Care Services) Group	8-19	Harlow, Saffron Walden, Great Dunmow, Loughton	enquiries@accuro.org.uk 01279 871133 or 01279 870297
 The Ark Centre	5-16	Harwich	enquiries@thearkcentregroup.co.uk 01255 502063
 BOSP (Brighter Opportunities for Special People)	4-25	Billericay, Basildon, Brentwood, Wickford	enquiries@bosp.co.uk or visit www.bosp.co.uk 01268 553117
 Butterflies	3-14	Basildon, Writtle, Chelmsford, Colchester	Jen@butterfliesclubs.co.uk 07586 842345
 Cedar Hall School	7-25	Thundersley	shoy@cedarhall.essex.sch.uk 01268 774723
 Columbus Discovery Club	3-19	Chelmsford	slambert@columbusschoolandcollege.org 07531 846988
 diddi dance	2-14	Colcheter, Clacton, Hatfield Peverel, Harwich	charlotte.foxley@diddidance.com 07722 605 395
 Edith Borthwick School	5-18	Braintree	admin@edithborthwick.essex.sch.uk 01376 529300
 Epping Forest District Council	3-25	Waltham Abbey, Debden, Epping, Chigwell, Loughton	oworsfold@eppingforestdc.gov.uk 01992 564220
 Families InFocus	0-19	Chelmsford	Helpline@familiesinfocusessex.org.uk 01245 353575
 Glenwood School 'Club together'	5-19	Benfleet	admin@glenwood.essex.sch.uk 01268 792575
 Harlow Council - Sam's Place	8-19	Harlow	christine.howard@harlow.gov.uk /deborah.jackson@harlow.gov.uk 01279 446190 or 07730 750375
 InterAct	10-18	Chelmsford, Braintree, Colchester Clacton, Tendring,	mail@interact.org.uk 01245 608201
 Havens Hospices Little Havens Hospice The J's Hospice	0-16 16-25	Benfleet Chelmsford	lhlbookings@havenshospices.org.uk 01702 552200 amanda.pelham@thejshospice.org.uk 01245 475474
 Lambourne End	5-25	Epping Forest	carolan.casey@lambourne-end.org.uk 020 8500 3047
 Market Field School	5-16	Colchester	admin@marketfield.essex.sch.uk 01206 825195
 Mercury Theatre	7-18	Colchester	makeit@mercurytheatre.co.uk 01206 245481
 Mistley Kids Club	4-19	Mistley, Manningtree	www.mistleykidsclub.co.uk 07809 176252
 Mushroom Theatre Co	4-25	Rochford	info@mushroomtheatre.co.uk 01268 906470
 Oakview School	3-19	Loughton	reception@oakview.essex.sch.uk 0208 508 4293
 PARC (Play and Resource Centre)	0-25	Braintree	info@parc-essex.co.uk or via contact form on website www.parc-essex.co.uk/contact-us
 Phoenix Swimming	5-19	Colchester	Please complete contact form on our website www.phoenixswim.club
 Royal Association for Deaf People (RAD)	6-25	Throughout Essex (Head office in Colchester)	CFT@royaldeaf.org.uk 0845 6882525 or 07951 252302
 SHARE (Safe Haven and Respite Environment)	3-25	Basildon, Benfleet	michellewestenhofer@googlemail.com 01268 521691
 SNAP (Special Needs and Parents)	0-25	Brentwood	info@snapcharity.org 01277 211300
 Southview School	5-19	Witham	admin@southview.essex.sch.uk 01376 503505
 Sport for Confidence	3-18	Chelmsford, Witham, Colchester	info@sportforconfidence.com 07566 200070
 Stepping Stones	5-18	Colchester	info@steppingstonesplayandlearn.org 01206 860467
 Shorefields School	3-19	Clacton	vickyb@shorefields.essex.sch.uk 01255 424412
 Trailnet	6-25	Thorndon Country Park, Brentwood	geoff@trailnet.org.uk 01277 811012 or 07939 249980