



Educational Psychology Service

A leaflet for students at College or Sixth form

Improving lives: using psychology to create positive change

For further information visit
www.essexlocaloffer.org.uk

What is an Educational Psychologist (EP)?

An EP is someone who is trained to work with students, parents, carers, teachers and other adults.

The EP will book a time to visit so that you will know when to expect them.

We can help with improving things in school.

- Learning and concentrating
- Friendship and relationships
- Communicating
- Emotions
- Improving life at college/sixth form
- Being involved in college/sixth form
- Preparing for the future

Sometimes it might be a mixture of these things, or something not on this list.





What might we do?

- Visit you in college/sixth form, or at home
- Ask you questions about your course and other interests, your likes and dislikes, what you find difficult and how you feel about college/sixth form
- Ask you about your hopes for the future
- Ask you to complete some tasks with us
- Look at some of your course work
- Talk with people who know you well

What will happen after the EP visit?

- There may be a meeting with you, your parents and members of staff to talk about how to best support you
- We will send a report or letter after meeting you
- We may come and see you again

The name of the EP that will come to see you is:

If you have any questions about the EP's visit,
the person to contact at school is:

This information is issued by:
Essex County Council
Educational Psychology Service

Contact us:
Essex.localoffer@essex.gov.uk
www.essexlocaloffer.org.uk/listing/essex-educational-psychology-service/

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Published June 2017.